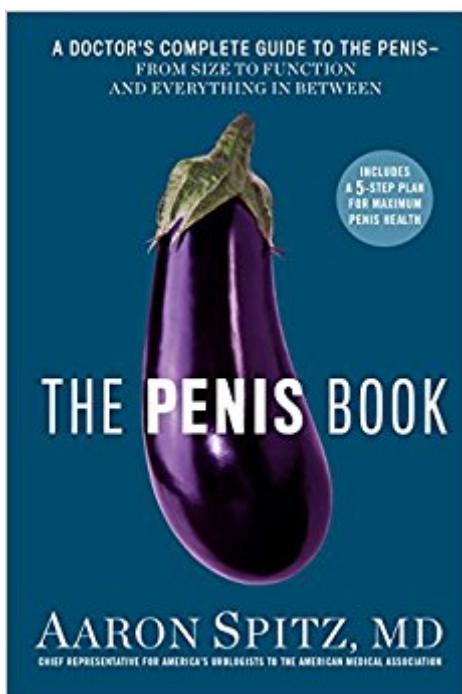


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The Penis Book: A Doctor's Complete Guide To The Penis—From Size To Function And Everything In Between



Synopsis

What's the weirdest thing you've ever wanted to know about the penis but were afraid to ask? Dr. Aaron Spitz has that answer and many more. Let Dr. Spitz, a clinical professor at UC Irvine's Department of Urology and a regularly featured guest on *The Doctors*, become your best friend as he fearlessly guides you through the hairiest and the scariest questions in *The Penis Book*. An unflinching, comprehensive guide to everything from sexually transmitted infections to the science of blood flow, *The Penis Book* prominently features an easy-to-follow holistic five-step plan for optimum penis health, including plant-based eating recommendations, information on some penis-healthy foods, and suggested exercises for penis wellbeing. Useful to men and women alike, *The Penis Book* is a one-stop-shop for the care and maintenance of the penis in your life.

Book Information

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Customer Reviews

Aaron Spitz, MD is a leading expert in male sexual health and fertility. He is an assistant clinical professor at UC Irvine's Department of Urology, serves as the lead delegate representing all of America's urologists to the American Medical Association, and is the President of the California Urological Association. He has appeared on *Dr. Phil* and *The Real Housewives of Orange County* and is a regularly featured expert on *The Doctors*.

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